

## Postigo-Pich Family

Coming from very large families, Rosa Pich and Jose Maria Postigo (aged 49 and 54, living in Barcelona) got married hoping to have many children, too. When their first daughter was born, the doctors detected in her little heart a severe heart disease and



although she was predicted to live not more than three years, the love she was surrounded with gave her 19 years more. She fought till 2012 and died at the age of 22, having previously graduated and finished her Master's Degree. With other two kids the story looked even worse: they died of the same problem, one at 10 days and the other being only 1,5 year old. The advice of the doctors was clear: do not have more children. But Rose and Jose Maria didn't give up and decided to say "yes" to life, which has blessed them with 15 kids more, in total being proud parents of 18 children. This currently makes them the family with most children in school in Spain and possibly in Europe, too. Heart problems of their kids never broke down the couple, but inspired to look at the problems of the others: they got involved into creation and actively promote a foundation "Menudos Corazones" ("What a piece of heart"; [www.menudoscrazones.org](http://www.menudoscrazones.org)) to help children with heart problems. But it's not only the parents who give aid – their children willingly volunteer in numerous projects, also those realized in the Third World countries.



Rosa and Jose Maria have always persistently fought for the rights of large families, such as to give the parents a special permission to drive a car with more than nine persons on the board. And above all, they generously give their time to share the testimonies about life in a large family. In fact, they have been already interviewed in every kind of media in Spain (newspapers, TV, radio, on-line media...) and in many other countries, e.g. United Kingdom (BBC report: "The biggest family

in the world") or even South Korea (<https://youtu.be/dNGA1dcCLso>), which can be followed on Facebook page "Yo también he visto a los Postigo en la TV" ("I've seen the Postigo's family in the TV, too"; <https://www.facebook.com/Yo-tambien-he-visto-a-los-Postigo-en-la-TV-119537428104448/>).

Rosa and Jose Maria have always pointed out that the real secret of any large family isn't only the organization or enthusiasm, but first of all the love between spouses. And this means also defending parents' rights. To transmit these values, the couple devoted their time to provide family counselling sessions for parents all over the world. In 2014 the mother, Rosa, published a book, which already has three editions in Spanish and has been translated into several foreign languages (e.g. French, Portuguese, Slovak, Chinese), entitled "¿Cómo ser feliz con 1, 2, 3... hijos?" ("How to be happy with 1, 2, 3... children?"; <https://www.facebook.com/C%C3%B3mo-ser-feliz-con-123-hijos-1384298871817535/>). Written from the experience of having 18 kids, Rosa, who in her day-to-day life works part-time, tells anecdotes and humorous stories of her family, as well as shares faced challenges. She summarizes the book with one brief sentence, saying that "having children is tremendous joy" ([www.palabra.es/como-ser-feliz-con-hijos-0102.html](http://www.palabra.es/como-ser-feliz-con-hijos-0102.html)).

